

Friendship and Bullying

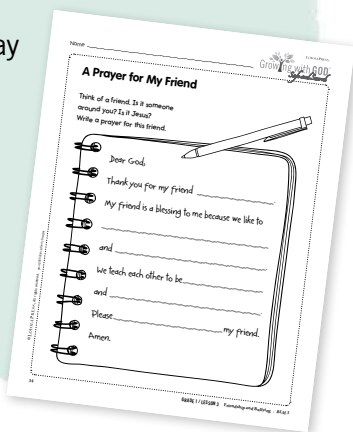
How to Be a Good Friend

Talk with your child about friendship. Discuss things your child likes doing with his or her friends and why your child likes having friends. Explain that friends like spending time together. They are kind and listen to one another. Ask your child what he or she does to be a good friend to others.



Prayer for a Friend

At bedtime, invite your child to pray aloud the prayer for a friend that he or she wrote on the handout. Then pray it aloud together. You might begin and end the prayer by praying the Sign of the Cross.



Good Friends Make Things Right

Help your child understand that friends work to make things right when there are hurt feelings. Use a conflict in a TV show or cartoon your child enjoys as an opportunity to talk about mending friendships. Talk about how to sincerely apologize and gracefully accept an apology.

Reflecting God's Light and Love

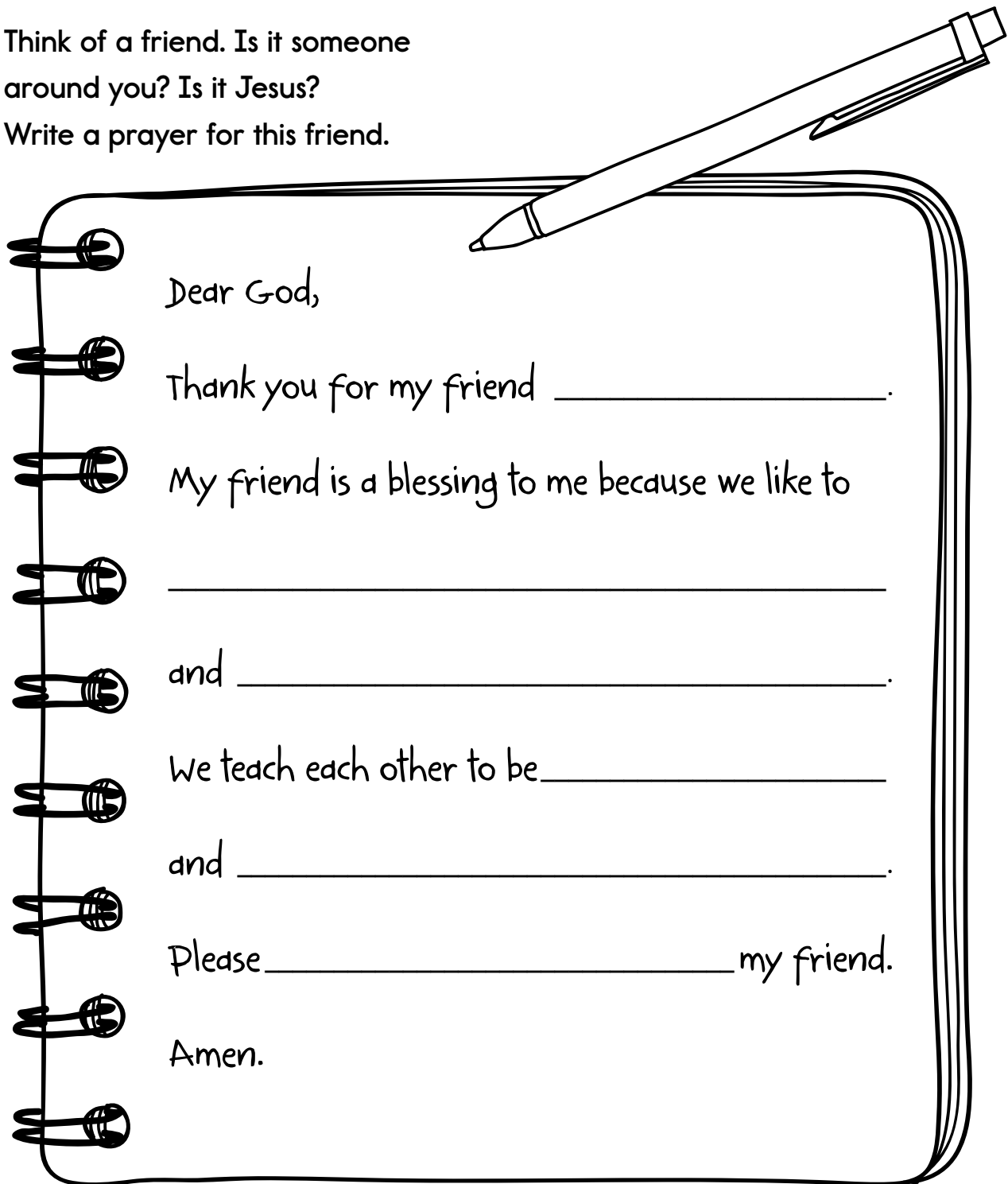
Being kind to friends is a way to reflect God's light and love. Remind your child of a time you saw him or her reflect the light of God's love on others. Ask your child to tell some ways that people share God's love with him or her.

Name _____

A Prayer for My Friend

Think of a friend. Is it someone around you? Is it Jesus?

Write a prayer for this friend.



Dear God,

Thank you for my friend _____.

My friend is a blessing to me because we like to

and _____.

We teach each other to be _____

and _____.

Please _____ my friend.

Amen.